

# Registration Form

**BWRT® Level 2 Training**  
Cliftons Melbourne Collins Street  
Level 1, 440 Collins Street Melbourne Vic 3000  
8-9 October 2020 9am-4.30pm

Name: \_\_\_\_\_

Address: \_\_\_\_\_

\_\_\_\_\_

Email: \_\_\_\_\_

Phone: \_\_\_\_\_

Business name for invoice (if different from above): \_\_\_\_\_

I confirm that I meet the prerequisites as outlined in the attached information sheet.

I confirm that I have read and agree to the cancellation policy outlined in the attached information sheet.

Profession: \_\_\_\_\_

Signed: \_\_\_\_\_

## Payment Options - **COST \$1475.00**

includes morning tea, lunch and afternoon tea

Direct deposit BSB: 484-799 Account: 168224773 Please use your surname as reference

Credit / Debit – complete details below.

Cardholder name: \_\_\_\_\_

Cardholder signature: \_\_\_\_\_

Card number: \_\_\_\_\_

Expiry: \_\_\_\_\_

CCV: \_\_\_\_\_

Email registration form to: [info@bwrtrainingaustralia.com](mailto:info@bwrtrainingaustralia.com)



## **BWRT® Level Two Training Information**

*This document outlines what you will learn during your Level Two training and what is needed to gain your Level Two 'Psychology of Identity and Behaviour' qualification.*

Level two training is always held in the classroom and although it is possible that one or two extra protocols might be taught, this document shows the essentials of the workshop.

1: The workshop begins with a description of the background to the development of Level Two and why Level 1 is not quite so good for most of the Level 2 issues

2: Establishing the client's *true* core identity and associated belief structures; how ideas about self have been reinforced over the client's lifetime, usually by parents. Gaining a realistic view of the way a client perceives themselves and removing preconceived ideas from the mind of the practitioner.

3: The Core ID exercises and Selection of a work partner with whom you will work throughout the entire workshop.

4: How Level Two works. The 'new self' has never had the presenting problem and so is free from the start. Ensuring the total involvement and commitment of the client via worksheets. When Maintenance sessions might be needed and how to conduct them.

5: L1 or L2? 20 questions to focus the brain and prime the psyche. The importance of getting truthful answers to the questions.

6: Practical work using the Questionnaire; a look at client worksheet 1.

7: The importance of the Unlock Routine and why we don't go straight to the Reboot Routine. Resolving the hidden agenda. How the stages of the Unlock Routine work and what it's designed to do. When to drop out from L1 or L2 into Guilty Secret work. Clarification of how to use the Guilty Secret protocol.

8. Practical work with the Unlock Routine.

9. Teachers choice of recap previous work or introducing the Physical Work Protocol.

**End Day One**

## Level Two Workshop – Day Two

- 1: Q & A from Day one. How the client might feel after session two. Nine major resistance areas laid bar and investigated.
- 2: What the Reboot Routine actually does and why we should always use the Rolling Road routine – description of how to create a brief 'mental video and the importance of a short loop.
- 3: Practical: Create a brief mental video from the journey to the venue, then create an imaginary one of doing something you've never done before.
- 4: Investigation of the importance of the 'Trigger Guard' why we need it and how to construct it so that it works invisibly in the background.
- 5: Ask questions to create the work for the Trigger Guard, the Trigger Guard itself and the Replacement Response. The core of privacy. The First or Worst memory?
- 6: Practical work delivering the Reboot Routine.
- 7: Therapy programmes and structure. Content of sessions (except session 4). Frequency of sessions. How to *positively* promote follow-up sessions.
- 8: What to do on Session 4. Goal setting, WSN, Central core, the YOU Protocol. Review of case study requirements or alternative method of achieving certification via a mini-thesis (see below).
- 9: Q & A. The Reptilian 'Induction'
- 10: Teachers choice of recap previous or introducing the YOU Protocol.

**IMPORTANT:** *To gain your 'Psychology of Identity and Behaviour' certification you must submit a fully completed Level Two assessment form – any omission or with your work or client's worksheet entries will result in a fail. You will be able to retake, but there will be a mandatory re-examination fee. A second fail will result in you needing to retake the training; Level Two works with serious issues and you cannot afford to be anything other than totally fastidious.*

**An Alternative:** Alternatively, you may submit a 'mini thesis' of approximately 1500 words, based on the above criteria, illustrating in detail how you would work with a client - this can optionally be in the form of an imaginary client. The information should be based on:

- Client gender, age, and presenting difficulty
- An overview of the therapy from first meeting to end of study
- The number of sessions completed
- The eventual outcome
- Your own views on the efficacy of the therapy

For more details on completing this part of your study, consult with your teacher or Supervisor.

## Pre-requisites for BWRT Level 2

- BWRT Level 1
- Minimum 6 months experience using BWRT with clients

Please email [info@bwrtrainingaustralia.com](mailto:info@bwrtrainingaustralia.com) if you would like to discuss your suitability for training.

## Cancellation Policy

Notification of cancellation by registrant received in writing no less than 7 days prior to the training will be refunded less \$50 administration fee. No refund will be provided for cancellation less than 7 days prior to scheduled training.

### PLEASE NOTE:

Due to the high cost of providing training, there is a minimum number of participants required to attend each training event. On rare occasions it may be necessary to cancel a training event due to lack of registrations.

BWRT Training Australia reserves the right to cancel courses, change course location, change instructors, or change course content. In the event that a course must be cancelled or the location of the course changed, registrants will be informed no later than 28 days prior to the start of the course.

Should a course require cancellation, BWRT Training Australia will not be responsible for non-refundable airline tickets or accommodation costs. If you are travelling to attend training, it is strongly recommended that you purchase travel insurance that includes cancellation of events.

## Venue and catering

BWRT Australia uses Cliftons Training venues in capital cities around Australia. The venues include catering for morning tea, lunch and afternoon tea. All day tea and coffee facilities are provided for convenience. Please advise BWRT Australia of any dietary requirements when registering.